

// SECTION 01 · PLAYBOOK

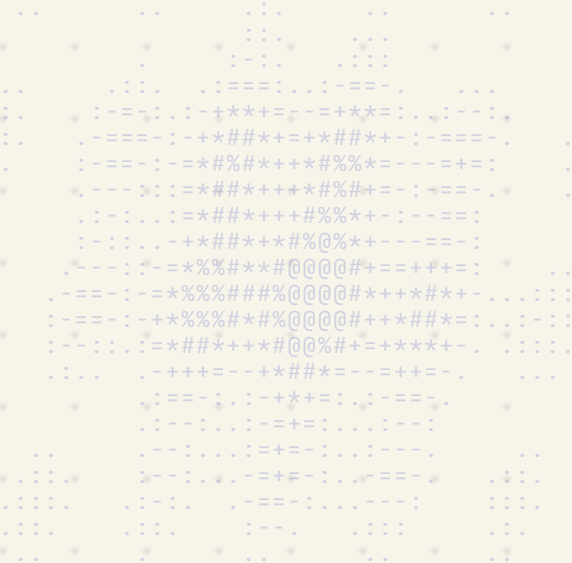
FACE RATING IN CLAUDE



Connect one image MCP, upload a selfie, paste one prompt. Claude renders an honest facial aesthetic report with per-feature scores and fixes you can act on.

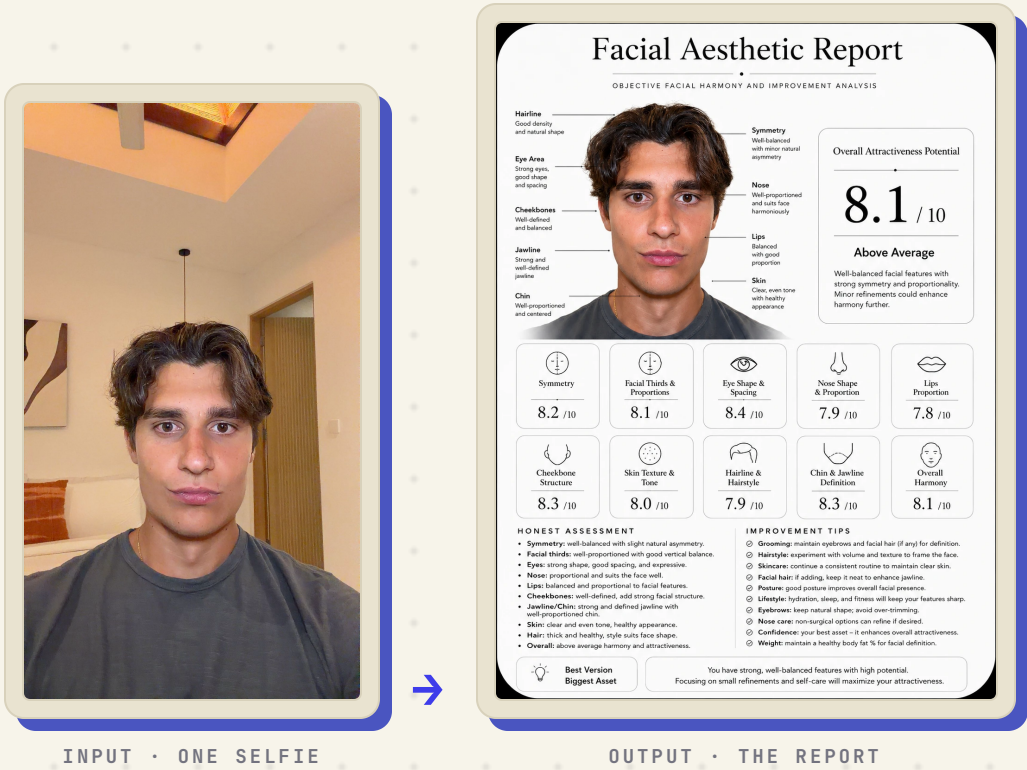
```
> boot opusjake_os
> resource: face-rating
> version: v1.0 · 2026
> status: ready_
```

This is the exact setup I run to get an outside read on a face in about a minute. You wire Higgsfield's image model into Claude once, hand it a selfie, and paste the prompt below. What comes back is a clean report: scores for symmetry, proportions, jawline, skin, and the rest, plus specific fixes. Here is the whole thing, start to finish.



WHAT YOU GET

One selfie in, one report out. The model grades the features that drive facial harmony, hands back a single overall score, and lists the changes that would move it.



// WHAT IT SCORES

- Symmetry, facial thirds, and overall proportion
- Eye shape and spacing, nose harmony, lip proportion
- Jawline, chin, and cheekbone structure
- Skin texture and tone, hairline, and hairstyle
- Overall harmony and photogenic potential

Every score ships with a fix you can start tonight.

CONNECT HIGGSFIELD

Higgsfield is the image model that renders the report. You connect it to Claude once as an MCP connector, then it works in any chat. Pick the path for where you run Claude.

// ON CLAUDE.AI

Open Settings, then Connectors, then add a custom connector and paste the URL below. Sign in with your Higgsfield account when it prompts.

```
https://mcp.higgsfield.ai/mcp
```

// IN CLAUDE CODE

Add it from the terminal, then run `/mcp` and authenticate in the browser window that opens.

```
claude mcp add --transport http higgsfield https://mcp.higgsfield.ai/mcp
```

You do this once. After it connects, Claude can generate and edit images through Higgsfield in any conversation.

DROP YOUR SELFIE

The input photo sets the ceiling on the read. Give it a clean one. Front-facing beats angled, real light beats a filter every time.

// A GOOD INPUT PHOTO

- Front-facing, eyes to the camera, head level
- Soft even light across the whole face (a window works)
- Neutral expression, hair off the forehead
- No filters, no beauty mode, no harsh shadows
- Shoulders up, face filling most of the frame

Attach the selfie in your message. On claude.ai a Higgsfield upload box pops up, so confirm the photo there. Then send the prompt on the next page in the same message.

RUN THE PROMPT

Paste this with your selfie attached. It is tuned to stay honest, score every feature, and return fixes that build on what is already working.

Create a clean, minimal, high-end facial aesthetic report based on the uploaded photo, using a black-on-white editorial design with thin linework, rounded cards, generous spacing, modern typography, and a refined luxury feel. Include an isolated front-facing image of the face, presented as an analytical attractiveness-assessment diagram. Provide an honest, objective evaluation of facial attractiveness potential, avoiding excessive flattery and focusing on symmetry, facial thirds, overall proportions, eye spacing and shape, nose harmony, lip proportions, jawline, chin, cheekbone structure, skin texture and tone, hairline, hairstyle, grooming, overall facial harmony, and photogenic potential. Assign clear, realistic scores to each major category, along with one overall attractiveness-potential score, keeping the ratings grounded, useful, and not artificially inflated. Include practical, achievable recommendations to improve attractiveness-potential, covering grooming, haircut, facial hair, skincare, eyebrow shaping, posture, weight loss, minor aesthetic procedures, styling, and photo presentation. Maintain a refined, direct, constructive tone that feels elegant, credible, and easy to understand, with an emphasis on actionable improvements that build on the subject's existing strengths.

Claude renders the report as an image through Higgsfield. Iterate in plain English: "make the scores stricter", "add a second card with a 30-day plan", "export it portrait for stories".

READ IT RIGHT

One honest note. This is an AI render, not a clinical assessment. The scores drift a little run to run, and the model leans kind. Use it the way you would a sharp friend with good taste, for the patterns, not the decimals.

Where it earns its keep is the fix list. Most of what moves a face is free: a better haircut, groomed brows, clear skin, straight posture, and a photo shot in good light. Do those first, run it again in a month, and watch the same few tips turn into a higher number.

Steal the prompt. Rate yourself, then send it to one friend who will give it to you straight. For more build-with-AI playbooks, follow opusjake.ai.